

## Self-Sufficiency Matrix

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Assessment Date: \_\_\_\_\_

Assessment Type: Entry      During Program Enrollment      Exit      Followup      Other

### Income:

- ☐ 1-No Income
- ☐ 2-Inadequate income and/or spontaneous or inappropriate spending
- ☐ 3-Can meet basic needs with subsidy; appropriate spending
- ☐ 4-Can meet basic needs and manage debt without assistance
- ☐ 5-Income is sufficient, well managed; has discretionary income and is able to save
- ☐ 6-Not applicable

### Employment:

- ☐ 1-No job
- ☐ 2-Temporary, part-time or seasonal; inadequate pay; no benefits
- ☐ 3-Employed full-time; inadequate pay; few or no benefits
- ☐ 4-Employed full-time with adequate pay and benefits
- ☐ 5-Maintains permanent employment with adequate income and benefits
- ☐ 6-Not applicable

### Housing:

- ☐ 1-Homeless or threatened with eviction
- ☐ 2-In transitional, temporary or substandard housing; and/or current rent/mortgage payment is unaffordable
- ☐ 3-In stable housing that is safe but only marginally adequate
- ☐ 4-Household is safe, adequate, subsidized housing
- ☐ 5-Household is safe, adequate, unsubsidized housing
- ☐ 6-Not applicable

### Food:

- ☐ 1-No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost
- ☐ 2-Household is on food stamps
- ☐ 3-Can meet basic food needs but requires occasional assistance
- ☐ 4-Can meet basic food needs without assistance
- ☐ 5-Can choose to purchase any food household desires
- ☐ 6-Not applicable

**Childcare:**

- ☐ 1-Needs childcare, but none is available/accessible and/or child is not eligible
- ☐ 2-Childcare is unreliable or unaffordable; inadequate supervision is a problem for childcare that is available
- ☐ 3-Affordable subsidized childcare is available but limited
- ☐ 4-Reliable, affordable childcare is available; no need for subsidies
- ☐ 5-Able to select quality childcare of choice
- ☐ 6-Not applicable

**Children's Education:**

- ☐ 1-One or more eligible children not enrolled in school
- ☐ 2-One or more eligible children enrolled in school but not attending classes
- ☐ 3-Enrolled in school, but one or more children only occasionally attending classes
- ☐ 4-Enrolled in school and attending classes most of the time
- ☐ 5-All eligible children enrolled and attending on a regular basis
- ☐ 6-Not applicable

**Adult Education:**

- ☐ 1-Literacy problems and/or no high school diploma/GED are serious barriers to employment
- ☐ 2-Enrolled in literacy and/or GED program and/or has sufficient command of English to where language is not a barrier to employment
- ☐ 3-Has high school diploma/GED
- ☐ 4-Needs additional education/training to improve employment situation and/or to resolve literacy problems to where they are able to function effectively in society
- ☐ 5-Has completed education/training needed to become employable. No literacy problems.
- ☐ 6-Not applicable

**Legal:**

- ☐ 1-Current outstanding tickets or warrants
- ☐ 2-Current charges/trial pending; noncompliance with probation/parole
- ☐ 3-Fully compliant with probation/parole terms
- ☐ 4-Has successfully completed probation/parole within past 12 months; no new charges filed
- ☐ 5-No felony criminal history and/or no active criminal justice involvement in more than 12 months
- ☐ 6-Not applicable

**Health Care:**

- ☐ 1-No medical coverage with immediate need
- ☐ 2-No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health

- ☐ 3-Some members (e.g. children) on Medicaid or other State-sponsored health insurance program
- ☐ 4-All members can get medical care when needed but may strain budget
- ☐ 5-All members are covered by affordable, adequate health insurance
- ☐ 6-Not applicable

**Life Skills:**

- ☐ 1-Unable to meet basic needs such as hygiene, food, activities of daily living
- ☐ 2-Can meet a few but not all needs of daily living without assistance
- ☐ 3-Can meet most but not all needs of daily living without assistance
- ☐ 4-Able to meet all basic needs of daily living without assistance
- ☐ 5-Able to provide beyond basic needs of daily living for self and family
- ☐ 6-Not applicable

**Mental Health:**

- ☐ 1-Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems
- ☐ 2-Recurring mental health symptoms that may affect behavior but not a danger to self/others; persistent problems with functioning due to mental health systems
- ☐ 3-Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems
- ☐ 4-Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning
- ☐ 5-Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than every day problems or concerns
- ☐ 6-Not applicable

**Substance Abuse:**

- ☐ 1-Meets criteria for severe abuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary
- ☐ 2-Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities
- ☐ 3-Use within the last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems that have persisted for at least one month
- ☐ 4-Client has used during last 6 months but no evidence of persistent or recurrent social, occupational, emotional or physical problems related to use; no evidence of recurrent dangerous use
- ☐ 5-No drug use/alcohol abuse in last 6 months
- ☐ 6-Not applicable

**Family Relations:**

- ☐ 1-Lack of necessary support from family or friends; abuse (DV, child) is present or there is child neglect
- ☐ 2-Family/friends may be supportive but lack ability or resources to help; family members do not relate well with one another; potential for abuse or neglect
- ☐ 3-Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support
- ☐ 4-Strong support from family or friends; household members support each other's efforts
- ☐ 5-Has healthy/expanding support network; household is stable and communication is consistently open
- ☐ 6-Not applicable

**Mobility:**

- ☐ 1-No access to transportation, public or private; may have car that is inoperable
- ☐ 2-Transportation is available but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc.
- ☐ 3-Transportation is available and reliable but limited and/or inconvenient; drivers are licensed and minimally insured
- ☐ 4-Transportation is generally accessible to meet basic travel needs
- ☐ 5-Transportation is readily available and affordable; car is adequately insured
- ☐ 6-Not applicable

**Community Involvement:**

- ☐ 1-Not applicable due to crisis situation; in "survival" mode
- ☐ 2-Socially isolated and/or no social skills and/or lacks motivation to become involved
- ☐ 3-Lacks knowledge of ways to become involved
- ☐ 4-Some community involvement (advisory group, support group) but has barriers such as transportation, childcare issues
- ☐ 5-Actively involved in community
- ☐ 6-Not applicable

**Safety:**

- ☐ 1-Home or residence is not safe; immediate level of lethality is extremely high; possible CPS involvement
- ☐ 2-Safety is threatened/temporary protection is available; level of lethality is high
- ☐ 3-Current level of safety is minimally adequate; ongoing safety planning is essential
- ☐ 4-Environment is safe, however, future of such is uncertain; safety planning is important
- ☐ 5-Environment is apparently safe and stable
- ☐ 6-Not applicable

**Parenting Skills:**

- ☐ 1-There are safety concerns regarding parenting skills
- ☐ 2-Parenting skills are minimal
- ☐ 3-Parenting skills are apparent but not adequate
- ☐ 4-Parenting skills are adequate
- ☐ 5-Parenting skills are well developed
- ☐ 6-Not applicable

**Credit History:**

- ☐ No credit history
- ☐ Outstanding judgments or bankruptcy/foreclosure
- ☐ Has a credit repair plan
- ☐ Moderate credit rating
- ☐ Good credit/manageable debt ratio
- ☐ Not applicable